

37 English Idioms About Heart

1. Breaking my heart

Meaning: Caused emotional distress

2. Have a change of heart

Meaning: Changed my mind

3. In a heartbeat

Meaning: Immediately

4. My heart skipped/missed a beat

Meaning: Startled or surprised

5. Lose heart

Meaning: To give up

6. Steal/Win their heart

Meaning: Succeeded in love

7. Have a heart of gold

Meaning: A good person

8. Have a heart of stone

Meaning: A cruel person, unsympathetic

9. Heart in the right place

Meaning: To have good intentions

10. Heat set against

Meaning: Disagree strenuously

11. Heart set on

Meaning: To really want something

12. Cross my heart!

Meaning: I promise!

13. Have a heart!

Meaning: Have pity or show sympathy

14. Heart and soul

Meaning: Give everything, be enthusiastic

15. Pour your heart out

Meaning: Tell someone your feelings

16. Have a heart to heart

Meaning: Share an intimate conversation

17. Eat your heart out!

Meaning: Be envious or be jealous

18. Follow your heart

Meaning: Do what you want

19. Know in your heart of hearts

Meaning: To be really sure about something

20. Didn't have the heart

Meaning: Couldn't do it

21. Take to heart

Meaning: Take something seriously

22. From the bottom of my heart

Meaning: Sincerely

23. My heart bleeds for you/My heart goes out to you

Meaning: I feel very sorry for you, I am sympathetic to your situation

24. Bleeding heart

Meaning: Someone who is extremely empathetic.

25. Find it in your heart

Meaning: Please help

26. Tug at your heartstrings

Meaning: Appealing for sympathy or asking for empathy

27. Get to the heart of

Meaning: To understand the most important things

28. After my own heart

Meaning: Someone who shares your tastes and values

29. Know by heart

Meaning: To know very well or memorize

30. Wear your heart on your sleeve

Meaning: Be open about your feelings

31. Heavy heart

Meaning: Sorrowful

32. Big hearted

Meaning: Loving

33. Faint of heart

Meaning: Cowardly

34. Harden your heart

Meaning: Resist feeling sympathy

35. Heart in one's mouth

Meaning: Nervous

36. Nearly gave me a heart attack

Meaning: Startled or scared

37. Heart sunk/sank

Meaning: Felt disappointment or sadness

38. Young at heart

Meaning: Youthful

39. Light hearted

Meaning: Having fun